

Faculty Spotlight

Professor Shabazz Wilson has been teaching at BPU for nearly 10 years. His courses include Soc 210: Marital & Family Systems, and PSY 206: Adolescent & Adult Development. He is a licensed individual and family therapist at the Child Guidance Clinic, an agency of Behavioral Health Network (BHN) in Springfield.

Originally from the Midwest, Prof. Wilson graduated with his Bachelor's degree in Mental Health Psychology from John Carroll University in Ohio. He held positions in Outdoor Education for the Cleveland YMCA and social services in Chicago. He then pursued his Master's degree at Springfield College in Clinical Mental Health and Marriage & Family Therapy. As a graduate student, Shabazz was involved in the United Campus Ministry & Spiritual Life Center, organizing religious and spiritual programs.

Prof. Wilson brings his unique perspective and wealth of experience working with children, families, and adults to his classes to educate, mentor and inspire our students.



Psychology Newsletter

Winter 2020 Edition

NEW COURSES!

HHS 420: Integrative Health Seminar

This Hybrid seminar explores a variety of health and healing modalities to achieve health and wellness. With a focus on self-care, students will learn about themselves through food, movement, and mind/body/spirit disciplines. This course allowed students to take a 3-day retreat, "Living Whole", led by Dr. Kathryn Hayward and facilitators from International Integrators [internationalintegrators.org].



SOC 425: Sociology of Digital Technology & Social Media



Professor Steve Vossen is teaching a very popular new course that showcases how smartphones and social media have evolved into a crucial issue in today's world. Through observations, engaging discussions, and creative projects, students learn how to become aware of their own tech habits and how social behaviors are significantly changing.

Certificate Option: Youth Development

This is a 15 credit, interdisciplinary credential great for anyone interested in working with children & teens! Youth development is a prosocial approach that promotes positive outcomes and resiliency for young people by providing opportunities, fostering positive relationships, and furnishing and support needed to achieve their full potential.

A Small Dosage of Dia!

Hi, my name is Dia Arias and I am the Student Assistant in the Psychology Department. I am a first-year student majoring in liberal studies, and I really enjoy being part of the basketball and softball teams. Please feel free to email me if you have any questions at psychdepartment@baypath.edu.



Student Spotlight

My name is Kyra Duggento and I'm a senior here at Bay Path University. I am pursuing a B.S. in neuropsychology with a minor in education, and I will be graduating in May as part of the Women in STEM Honors program as well. I have been a student leader on campus for the last three years as an SLA, tutor, resident assistant, and peer mentor for WELL. I have recently discovered a passion for working with children, one that I capitalize on by taking early childhood education and developmental psychology courses here at Bay Path. In the past, I have worked as a program facilitator at Girls Inc. of the Valley in the Mariposa Center for elementary girls from 5 to 12 years old, and I now work in a daycare center with children from 6 weeks to 3 years old. My experience with the psychology department started in the spring semester of my first year when I fell in love with the content in my introductory psychology course, prompting me to change my major from biochemistry to neuropsychology in my sophomore year. I participated in the psychology CoOp Program in my sophomore year at Girls Inc. of the Valley, initiating a two-year-long relationship with the organization in positions ranging from an intern to part-time staff. On-campus I have started research revolving around neuroscience, psychology, education, and music, successfully combining all of my passions into one outlet. In addition to being a part of the university's STEM honors program, I recently was invited to apply for the Psi Chi Honors Society in the Bay Path chapter. My plans after graduation involve working full-time with children while pursuing my Master's in education in the coming years. Bay Path and the psychology department have had such an impact on my life, and I will forever be thankful for the opportunities I've had in my four years here.

Psi Chi: The International Honor Society in Psychology

Psi Chi's mission is to encourage academic excellence in undergraduate students majoring in psychology. Psi Chi helps students connect with other students and professors who share the same passion for the field of psychology. This society also provides students with networking and career development opportunities. Being part of the Psi Chi not only comes with many benefits towards your education and experiences but is also a good way to boost your resume for jobs in the future.

Community Partnership Spotlight

The YWCA of Western Massachusetts had been a Community Partner with the Psychology Program for many years, accepting Bay Path interns, CoOp students, and volunteers. The YWCA's mission is to be dedicated to eliminating racism, empowering women and promoting peace, justice, freedom, and dignity for all.

eliminating racism
empowering women
ywca

Western Massachusetts

CoOp Program in Psychology



Students complete a paid professional experience with one of our community partner organizations while taking a seminar class that provides support and facilitates connections for theory and practice. Photo shows this year's group of students selected for this opportunity.

Guest Speaker Dr. Gina Kahn

During the spring semester of the HSW 400 class, "A Healthier Community", taught by Dr. Sheila Foley, Dr. Gina Kahn was invited to present during this class. Dr. Gina Kahn is the Director of the Center for Health and Safety in the Hampden Wilbraham Central Regional School District. Their mission is to support youth and families' physical, emotional, and social health and safety through education, implementation of effective risk prevention strategies, access to appropriate services, and promotion of awareness without stigma. She had a meaningful eye-opening conversation with the students in this class and left many of them with newly acquired knowledge related to developing and implementing community-based strategies in the concept of the Drug-Free Communities Coalition.

