

# Psychology Program Newsletter

Bay Path University

Fall 2019

## Faculty Spotlight Dr. Yashira Oropeza- Daiz



Dr. Yashira Oropeza-Diaz earned her doctoral degree in Clinical Psychology from Carlos Albizu University and completed a postdoctoral master's degree in Clinical Psychopharmacology from Alliant International University.

Dr. Oropeza-Diaz is a fully bilingual (English/Spanish) Clinical Psychologist collaborating with Baystate Children's Hospital, Family Advocacy Center, UMass Medical School, and works in her private practice, Karuna Psychological Services, LLC. Dr. Oropeza-Diaz provides services to the community from Massachusetts and Connecticut areas. She is certified in several evidenced-based models such as Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Eye Movement Desensitization and Reprocessing (EMDR), and is a Certified Clinical Trauma Practitioner from the International Association of Trauma Professionals.

Dr. Oropeza-Diaz's passion lies in the service of children and families, as well as increasing the awareness of culturally responsive and trauma-informed care. She is currently teaching Psychology courses at The American Women's College and the Traditional Program at Bay Path University and is constantly expressing her admiration for the students she works with. Dr. Oropeza-Diaz also possesses teaching appointments to UMASS/Baystate Medical School and Tufts Medical School.

## Student Spotlight Loren Jones



Loren Jones is a senior currently enrolled in the 3-year accelerated General Psychology Program at Bay Path University, with a minor in Women's Studies.

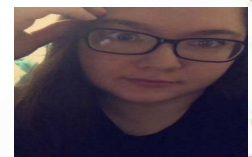
Loren has a strong passion for social justice issues, especially those that include minorities, as she is part of multiple minorities and knows what it is like to have to overcome such great obstacles when it comes to discrimination.

However, Loren says this has only motivated her more to be successful not only in her education and future career, but also in her personal activist involvements. For the past 8 years, Loren has worked hard to advocate for and support multiple communities, even if she is not an intimate part of them.

After graduation this spring, Loren plans to begin earning her doctoral degree in Clinical Sex Therapy with a focus in Trauma Reduction Treatment. With this degree, Loren wishes to travel the world with Doctors Without Borders to provide therapy to sexual assault and domestic violence survivors in war torn communities.

## Cassie's Corner

Hello! My name is Cassandra Byron, and I am the new Administrative Support Worker for the Psychology, UG Education, Pre-OT, & HHS departments. I am a Senior enrolled in the Forensic Science program & I will be graduating in May 2020. If you have any questions regarding the newsletter you can email me at [cbyron@baypath.edu](mailto:cbyron@baypath.edu)



## The Rise-UP Program

Students in Dr. Hall's Psychology of Female Offenders course have begun the RISE-UP program, an integrated learning experience with residents of the Western MA Recovery and Wellness Center (WMRWC). This is the Hampden County Sheriff Department's addiction treatment program for female offenders whose crimes are the consequence of addiction. RISE-UP stands for Resilience, Integration, and Self-empowerment with Unlimited Possibilities. Students will attend the first part of the program at their Mill Street facility and then the residents from the WMRWC will attend class with our students here on campus. It is so amazing to see the two groups of women empowering each other and lifting each other up, recognizing they are more similar than different.

## CHD "THROUGH HER EYES" CONFERENCE



Professors Dr. Diane Hall & Dr. Sheila Foley with Bay Path students at the "Through Her Eyes" Conference sponsored by the Center for Human Development (CHD) at the Mass Mutual Center in downtown Springfield on October 25, 2019.

Faculty and students attending Girls Inc. of the Valley's "Speaking Out" event on Oct 10 at the Delaney House in Holyoke. The event featured Joyce Roché, dynamic business woman and author of the *Empress Has No Clothes: Conquering Self-Doubt to Embrace Success*.

Girls Inc of the Valley has been a Community Partner with Bay Path for many years sponsoring CoOp students and interns, as well as working with our Science majors and Dr. Rivera-Colon for their Eureka! STEM Program.

## New Course for Spring 2020

### HHS 420: Integrative Health Seminar

This seminar is designed to inspire and inform students about integrative health: exploring a variety of health and healing modalities to achieve health and wellness. With a focus on self-care, students will learn about themselves through food, movement and mind/body/spirit disciplines. A special hybrid format includes our 3-day Immersive Wellness Retreat, "Living Whole," presented by Dr. Kathryn Hayward & facilitators from International Integrators.

## NEPA Conference



Senior Psychology major Lilly West and Psychology Prof. Dr. Vernon Percy pose for a picture at the annual New England Psychological conference held at SNHU on November 9, 2019.

## Girls Inc. Event

