As our students head off for their summer break and our staff starts to prepare for their summer adventures we encourage our Bay Path Community to be vigilant and remain safe. Everyone 16 and older is now eligible to receive vaccines. MA and CT residents can find appointment makers on their government websites. Here are a few helpful reminders and tips to keep your summer safe! Seniors we wish you all the best of luck and we hope to see everyone back in the Fall!

**Questions:**
Students contact Health Services at healthservices@baypath.edu

Employees contact Erica Blyther, RN at eblether@baypath.edu

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**Travel Reminders:**

If you are NOT vaccinated or NOT fully vaccinated:

1. Get tested 1-3 days before domestic or international travels
2. Mandatory test required before flying to US from an international location
3. Get tested 3-5 days after travel and self-quarantine for 7 days. Self-quarantine for 10 days if you don't get tested.
4. Self-monitor symptoms
5. Wear a mask and take other precautions during travel

If you are FULLY vaccinated:

1. Mandatory test required before flying to US from an international location
2. Get tested 3-5 days after travel from an international location
3. Self-Monitor for symptoms
4. Wear a mask and take other precautions during travel

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**Local Fun:**

**Playground:**
- Wear a mask if feasible, clean hands often, social distance and avoid crowded parks, check local park guidelines

**Going to the Beach:**
- Wear your mask, Stay 6 ft apart, wash hands often and avoid sharing items

**Heading to a Sporting Event:**
- Wear a mask, social distance and limit physical contact, limit indoor activity, wash your hands and limit contact with frequently touched surfaces or shared items, safely eat and drink, safely support the team

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**Stay Safe and Help Stop the Spread**

- Wash your hands often
- Wear a mask
- Get vaccinated
- Cover your coughs and sneezes
- Keep 6 feet of space between you and your friends

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**Vaccine Basics:**

- **Pfizer-BioNTech**
  - 2 dose series shot with each shot 21 days apart.
  - Recommended for people 16 years and older
  - mRNA vaccine, click here to learn more

- **Moderna**
  - 2 dose series shot with each shot 28 days apart.
  - Recommended for people 18 years and older
  - mRNA vaccine, click here to learn more

- **Johnson & Johnson/Janssen**
  - Currently on pause per recommendations from the CDC and FDA. You can find more information here
  - Single dose vaccine
  - Recommended for people 18 years and older
  - Viral Vector vaccine, click here to learn more

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**If you are FULLY vaccinated you can:**

- Gather indoors with fully vaccinated people without wearing a mask
- Gather indoors with unvaccinated people from ONE other household (i.e. relatives who live together) without masks, **UNLESS** any of those individuals has an increased risk for illness from COVID-19
- If you’ve been around someone who has COVID-19, you do not need to stay away from others or get tested unless you have symptoms.